



## Activities for the Elderly: A Guide to Working with Residents with Significant Physical and Cognitive Disabilities (Paperback)

By Carol Will, Sandra D Parker

Idyll Arbor, United States, 1998. Paperback. Book Condition: New. 249 x 168 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A collection of 75 practical activities and programs for therapists working with older adults. In addition to the instructions and helpful hints for each activity, the authors have also included the therapeutic benefits of each activity (e.g., concentration, increasing endurance, olfactory stimulation, etc.). Plan your activity calendar using this collection of well-balanced activities! Chapters: How to Train and Motivate Volunteer Activity Leaders, Large Muscle Activities, Mental/Memory Activities, Arts and Crafts, Music, Dance and Drama, Outdoor/Nature Activities, and Religious Activities.



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