



Soul Food: Stories to Keep You Mentally Strong, Emotionally Awake, Ethically Straight

By Dan Clark

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 171 x 133 mm. Language: English . Brand New. Since the beginning, stories have been the primary tool used to pass down valuable lessons learned by the generations before us. These lessons help to guide us through challenges faced today. New York Times bestselling author Dan Clark has masterfully combined many of these life lessons into the minutes of Soul Food: Stories to Keep You Mentally Strong, Emotionally Awake, Ethically Straight. When asked if the stories are true, Clark writes, Yes. They are true to principles, they are true to heart, they are true to the soul. Each one is written with a purposea lesson for those who are seeking to grow from their experiences, rather than falter through their pain. Soul Food fills listeners with a steady diet of love, support, concern, and counsel. In this wonderfully crafted book, Clark touches upon the importance of understanding, self-worth, service, perspective, communication, commitment, and love, just to name a few. Whether through learning about a little girl who arrives home late from school because she stayed behind to help a friend cry, or an 87-year-old college student named Rose,...



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Reviews

Good eBook and helpful one. It really is writter in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- **Romaine Rippin**

The book is great and fantastic. it absolutely was writtern very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lyda Davis II**