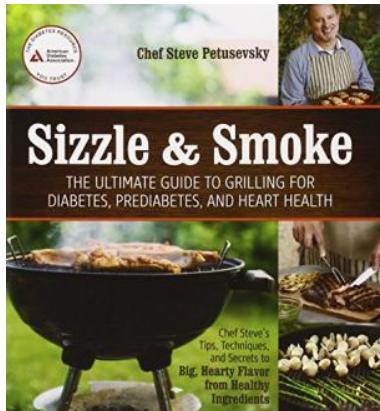


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SIZZLE AND SMOKE: THE ULTIMATE GUIDE TO GRILLING FOR DIABETES, PREDIABETES, AND HEART HEALTH



American Diabetes Association. Paperback. Book Condition: new. BRAND NEW, Sizzle and Smoke: The Ultimate Guide to Grilling for Diabetes, Prediabetes, and Heart Health, Steven Petusevsky, Nothing beats the experience of meats and veggies sizzling over hot coals or a gas-fired grill as the smell of smoke fills the air. Which is why Chef Steve Petusevsky felt he had to write Sizzle and Smoke, the first grilling book designed specifically for people with diabetes or prediabetes. This collection of grilling recipes...

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